



Views over Ainslie Park

Contact us:

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Facebook: <http://www.facebook.com/APPSCroydon>

Date: Friday 6th August 2021

Issue No.12 2021

Key dates for Term 3

Whole School Maths Incursion – Friday 20th August

Minikids – Friday 20th August

Year 3/4 Camp – Mon 23rd and Tuesday 24th August

Year 5/6 Camp – Monday 6th – Wednesday 8th September

Minikids – Friday 10th September

Swimming Week – Monday 13th – Friday 17th September

From the Principal

Dear APPS Community,

I wanted to take this opportunity today to connect with you all, with the reminder that you are not alone. There is undoubtedly a full spectrum of emotions being felt and expressed today, with many of us struggling to find the energy to keep picking ourselves up.

On more than one occasion I have felt a little like the hamster in the wheel wondering if it will ever stop. I don't think I am alone in this.

As much as we must be kind to each other, we can't forget to also be kind to ourselves. We all do a great deal for our children, families, and community, but there has to be time to look after our own needs. I know I have used this line before, but it is very hard to pour from an empty cup. I encourage you to give this some thought and take action if you can.

Please make sure you are reaching out to others, including the school. We are here to support you in any way we can during this time.

The following services are also available for support:

- Lifeline on 13 11 14, and in an emergency always call triple zero (000)
- Beyond Blue – 1300 22 4636
- Kids Help Line – 1800 55 1800

Parent/Carer/Guardian Opinion Survey

I am writing with a request for your support to participate in the **2021 Parent/Caregiver/Guardian Opinion Survey** (previously known as the Parent Opinion Survey).

- The survey will be conducted **online** and should take **20 minutes** to complete.
- The survey can be completed on any internet enabled device (iPad, Desktop or Laptop, Smartphone) and is compatible with most browsers.
- The survey will be open from **Monday 19 July to Sunday 22 August 2021**.
- The survey is available in English and 10 other languages

Please see the separate Compass message with the link and school password.

2022 Enrolments

The school is already taking enrolments for the Foundation class in 2022. If you are a current APPS family with a Foundation student for next year, please ensure you submit your enrolment forms to the office as soon as possible.

If you know of any families who are thinking of joining our school next year, I would ask that you encourage them to contact the school to organise a tour or to join one of our Minikids sessions.

Minikids

Today we offered our first Virtual Minikids session for children presently in 3- and 4-year-old kindergarten. Thank you to those who were able to attend.

We will wait on further announcements regarding restrictions before confirming the next session on **Friday 20th August from 2.00-3.15.**

Further sessions will be held on:

- **Friday 10th September**

The focus of the sessions is on giving prospective students and families an opportunity to experience our school before committing to enrolment.

If you are a current family with a 3- or 4-year-old child, or you know some families who may be interested in joining us, please contact the office on 98701566 to register your attendance. There is no cost involved.

From the Office

Instrumental Music at APPS



Instrumental Music Lessons

Drums - Guitar - Piano - Singing - Ukulele - Bass

To book your free trial lesson, or for more information, contact:

Jordan Scotney - 0408 881 395 - groovefoundations@gmail.com



Just Brass will be starting up again at Ainslie Parklands.

If your child has always wanted to learn to play an instrument, this is a fantastic opportunity as all lessons are free and include the loan of an instrument.

This opportunity is available for students in Year 3 – 6.

For those that are interested, please fill out the expressions of interest form located at the office.



Newsletter

email: ainsliepark@oshccampaustalia.com.au

Dear families,

Welcome to term 3! I have been busy getting to know all of you these few weeks. Thank you for welcoming me into this beautiful community. I have put together the activities for the month of August. The calendar looks packed with exciting activities! Hoping to see you all more often. Thanks, Princey.

Activities coming up for the month of August:

The following social calendar events will be incorporated in our program on the following days.

1st National Tree Day: Making our 'Enviro Diorama' on 2nd

2nd - 8th Dental Health Week: Group activity 'how do we keep our teeth healthy?'. Cutting out and pasting healthy food choices from magazines that protects our teeth.

4th National Aboriginal & Torres Strait Childre's Day: The theme for 2021 is 'Proud in culture, strong in spirit' - through art & craft embracing the rich culture.

12th World Elephant Day: Making elephant paper craft.

14th - 22nd National Science Week: A week filled with science activities!

16th - 22nd Keep Australia Beautiful Week: The theme for 2021 is 'ditch plastic'. Our beautiful country needs help to protect its precious biodiversity. Children will work together to create a 'litter free Zone' poster.

21st - 27th CBCA Book Week: Reading World Scavenger Hunt.

Sustainable project!

We are looking for food magazines from Coles, Woolies, etc.

Contributions are welcome!

What's on the menu

- Make your own toasted/fresh sandwiches
- Lebanese Pizza
- Spaghetti and baked beans bites

Visit our blog

Read more about our weekly events and more!

[View our blog](#)

It's free to register

Our online program and more register with our app. You can register on the app or on our website. You can also register on the app from the Apple App Store or Google Play. Once registered, it's easy to make bookings and manage your account.



National

Theme
Food: Different by Design

Science Week

in Your OSHC.

16th - 20th August, 2021

Join us for an exciting week all about the science of food! Learn about how we use food to fuel our lives and experiment with everyday foods to make awesome chemical reactions and see the magic of cause & effect!

Featuring:



In this activity children get to create their very own fizzy sherbet and learn about how the ingredients used to make it react when they hit their tongues and start to fizz.



To register and book, visit: pp.campaustalia.com.au



Win a cookbook featuring your recipe!
Find out more at: www.campaustalia.com.au/cooking-comp

SOFTBALL BATTER-UP



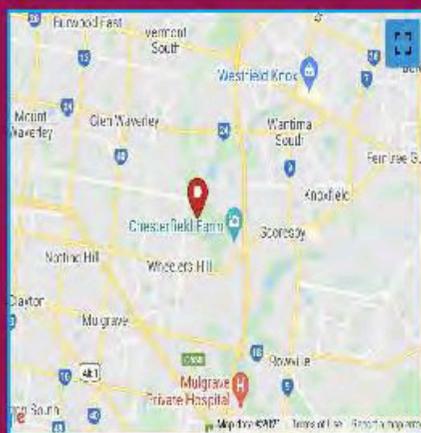
An 8-week program running for an hour consisting of skill development and a Fully Loaded Softball Game!
ALL EQUIPMENT SUPPLIED

REGISTER NOW TO RECEIVE YOUR BALL AND GLOVE PACK**

****AT FIRST SESSION**

EVERY WEDNESDAY AT JELLS PARK

**1ST SEPTEMBER – 20TH
OCTOBER**



HOST: SYNDAL SOFTBALL CLUB

CONTACT: GILL PENFOLD

EMAIL: syndalsoftballclub@gmail.com

WHERE: DIAMOND 3, JELLS PARK, 2-30 JELLS RD, WHEELERS HILL, VIC 3150

TIME: 4.30pm to 5.30pm

AGES: 8-12 (boys and girls)

HOW MUCH: \$80.00

REGISTER HERE: <https://bit.ly/3f9e1Yh>

Maroondah Magic Basketball Club

We are one of the largest basketball clubs in the Kilsyth & Mountain Districts Basketball Association. As a club, we are proud of our volunteer coaches and their expertise in player development.

Our free skill development clinics for boys and girls born in 2012 or younger will run over four weeks, to give a strong introduction to the game of basketball. They will be held as follows:

Melba Secondary College Gym

Girls – Tuesdays 17th, 24th, 31st August, 2021
4.30pm – 5.45pm

Dorset Primary School Gym

Girls – Tuesday 7th September 2021

4.30pm – 5.45pm

Boys – Fridays 20th, 27th August, 3rd & 10th September 2021

Session 1: 4.30pm – 5.30pm

Session 2: 5.30pm – 6.30pm



Please RSVP to Peter on 0400 577476 to reserve your spot, as places at the clinics are capped.
If you are unable to attend and would like to find out more, or if you have any enquiries, contact Peter on 0400 577476



We will teach dribbling, passing, shooting, running & teamwork with the goal that interested boys & girls can join our club and play basketball in a team.

FREE Magic starter pack (including drink bottle, basketball and Magic socks) for new under U7 ~~miniball~~ players that register for Summer 2021/22 season.

FREE pair of Magic socks for all other new players.



The New Normal

Emotion Focused Parenting

Would you like tips and strategies to:

- Better understand and talk with your child during these changing times?
- Help your child learn to manage their emotions and deal with conflict?
- Manage challenging behaviours?
- Parent anxious children?

Children with emotional intelligence:

- Have greater success with making and keeping friends
- Show improved concentration at school
- Have fewer illnesses

When:

Thursdays (6 evening sessions)
12th August - 16th September 2021

Time:

7.00pm - 9.00pm

Who:

Parents, Grandparents and Carers

Where:

Online - Via Zoom

Cost:

Free of charge (Bookings essential)

Bookings or Questions:

Call Julia on 9721 3629 or
0400 866 495

PARENTZONE

BETTER
TOMORROWS

anglicarevic.org.au

Taming the technology:

Parenting in the cyber age

For parents
and carers

Thursday
26 August
7pm to 8.30pm

Online event



Free
Bookings
essential

Do you feel that your child's device has become an extension of their body? Have you had arguments about screen time or are concerned about what they're accessing online? The majority of Australian parents and carers feel exactly the same way! And for good reason:

- One in five children experience online bullying but only 2.1% report it to a teacher.
- Girls are about twice as likely as boys to be victims and perpetrators of cyber bullying.
- More than 80% of boys aged 15+ access pornography weekly.
- One third of children under 8 have tried to access pornographic content.

Kate Wilde, educator, counsellor and development worker, will provide essential information and resources you can access to protect your children online and navigate the internet safely together.

How to book

Bookings open Tuesday 13 July. Book online at: www.trybooking.com/BRJJIJ

You will be sent an email with a link to join the session once you make a booking.

For more information, please contact Cathie Wills, Children's Services Project Officer on 9294 5740 or email childrens.services.events@maroondah.vic.gov.au



Kate Wilde